

BLEMISH BUSTERS



Clear skin Beauty Water, (£1.29; www.workswithwater.co.uk) is infused with preventing - a bioactive protein rich in lactoferrin a clinically proven ingredient that helps improve the texture and appearance of acne-prone skin

help: clear skin (f)
stimulates natural lactoferrin from milk proteins to help clear acne and maintain a healthy complexion



BENZOYL PEROXIDE WASH 2.5%
Contains Benzoyl Peroxide 2.5%
NDC 062742-5007

Jan Marini Benzoyl Peroxide 2.5% Facial Wash, (£24; www.dermico.co.uk), is recommended by dermatologists and deeply cleanses oily skin without stripping necessary moisture.



Dab Dr Nick Spot Gel (£8.76) on the affected spots 3-4 times per day, the added anti-bacterial ingredients help keep blemishes under control



Lycogel Breathable Camouflage & Concealer, (£49.50; 01923 838 876) treats and prevent a number of skin complaints including pigmentation, acne and scarring



No!No! Skin Acne Treatment System, (£129; www.my-no-no.com) uses a light and heat energy technology to heal pimples

A'kin Gentle Exfoliating Facial Scrub (£12.99; www.mypure.co.uk) refines skin texture by using jojoba and corn beads, plus soothing witch hazel and vitamin B5

[A'kin]

JOJO & CORN GENTLE EXFOLIATING FACIAL SCRUB

WITH VITAMIN B5 & WITCH HAZEL

SMOOTH, VIBRANT SKIN FOR ALL SKIN TYPES



75 ml e 2.5 FL. OZ. US

TREATMENTS

Sculptra

A filler made from poly-L-lactic acid solution that has been used in surgical procedures for over 25 years, was created to replace lost volume and restore facial contours. It is also proving effective at filling acne scars by encouraging new collagen production. www.sculptra.co.uk

Co2 Laser

Reduces scarring by punching millions of tiny holes into the skin, which works to remove the top layer of skin, induce collagen production (this thickens the skin hence reducing scars depth). www.harleystreetskin.co.uk

Dermaroller Therapy

A hand-held roller covered with minute pins is rolled over the face. The procedure works to fracturing the skin (by producing thousands of pin pricks on the dermis) and encourages it to repair. The process encourages rebuilding of collagen, while flattening scars and pigmentation. www.genuinedermaroller.co.uk

Obagi Peel

There are several peels on the market, but this twenty-minute procedure that is great for reducing acne scarring, allows the practitioner to control the depth of the strong trichloroacetic acid and blue base solution. Post treatment, expect skin shedding, slight swelling and a bluish tint that washes off in 12 to 24 hours. www.harleymedical.com